

Reading List

Enjoy an Inspired Moment with the Masters

Spirituality

Deepak Chopra

- Perfect Health
- Ageless Body Timeless Mind
- You Are the Universe
- The Seven Spiritual Laws

Paramahansa Yogananda

- Autobiography of a Yogi

Neale Donald Walsch

- Conversations with God Trilogy
- Friendship with God

Michael Bernard Beckwith

- Spiritual Liberation
- Life Visioning

Doin Miguel Ruiz

- The Four Agreements
- The Voice of Knowledge
- The Fifth Agreement

George Leonard

- Mastery
- the silent pulse

Eckhart Tolle

- A New Earth

Stories

Mitch Albom

- the five people you meet in heaven
- for one more day

Dan Millman

- Way of the Peaceful Warrior

James Redfield

- The Celestine Prophecy

Self Help

Reframe your Blame

- Jay Fiset

David Simon

- Free to Love Free to Heal

Stephen Covey

- The 7 Habits of Highly Effective People
- The 8th Habit
- Principled Centred Leadership

Iyanla Vanzant

- In the Meantime

Nathaniel Branden

- The Six Pillars of Self-Esteem

Micheal Losier

- Law of Attraction

Relationship

Gary Chapman

- The Five Love Languages

Harville Hendrix

- Keeping then Love You Find

Motivation and Health

Napoleon Hill

- Think and Grow Rich

Timothy Gallwey

- The Inner Game of Tennis

Alan Deutschman

- Change or Die