



# THRIVE *the* CLIMB

Breast Cancer Warrior

*I believe that as a woman going through breast cancer the most powerful thing you can control is your perspective. I also believe that you are much stronger than you think you are.*

## Thrive The Climb 1:1 Mindset Coaching

In person and on-line

### Thrive The Climb can help you if:

- You feel blindsided by the chaos of your breast cancer journey.
- You feel like you are missing out on important parts of your life.
- You feel like you are becoming a different version of yourself.
- You are struggling to pick up the pieces, and and feel in control of your life.

### Reconnecting to your truest self + Finding your inner strength gives YOU the POWER TO THRIVE!

- Feel the power of having a warrior mindset and how that directly impacts the results in your life.
- Learn how to shift your perspective to help you make empowered decisions throughout your breast cancer journey.
- Create tools that will help you stay powerfully anchored to your inner warrior.

**“There is nothing stronger than a broken woman who has rebuilt herself.” ~ Hannah Gadsby**

*“Cindy has such a caring and positive attitude. I always feel that I can tell her anything about my cancer experiences and I come away from our conversations feeling positive and upbeat. Her own positive attitude is inspiring and up lifting.” ~ Mary Joan*

*“Cindy has encouraged me to stay positive, to take one day at a time, and to be in the moment. I have watched her take on challenges and turn them into opportunities. As a fellow breast cancer survivor, this was my most important realization. Cindy's courage to face each day with grace and positivity gave me the power to do the same. Cindy has shown me that Cancer is a journey and an opportunity to make changes in my life.. What a beautiful legacy!” ~ Shannon*

*Supporting women going through breast cancer is what I do. Inspiring them to shift their perspective and see that they are stronger than they ever thought possible, is who I am.*



*“I've always felt that I was able to share openly to you; that you listen with all your heart and without judgement. That is so important to me when I feel like I am lost and buried under worry. You have encouraged me, made me laugh and made me think. You are always able to cheer me on and remind me of how strong and beautiful I am. I am so grateful!” ~ Melanie*

**Cindy Needham, Breast Cancer Warrior.**

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